

# IMPORTANT

# MESSAGE TO ALL

It takes only 2 minutes to read this message. It will take less time for you or someone you love to sustain an acquired brain injury (ABI).

## Did you know?

You, your spouse or partner, parent, son, daughter or grandchild can be permanently disabled by acquired brain injury through any of the following causes:

Motor vehicle crash	Surgical mishap	Infection
Pedestrian or cyclist accident	Aneurysm	Lack of oxygen
Drug overdose	Tumour	Near drowning
Sports accident	Work accident	Stroke

## Did you know?

The resultant disabilities will range from complete inability to walk, talk or do anything for yourself to “hidden” disabilities which will seriously, if not catastrophically, impact on you or your family member’s life from then on?

## Did you know?

The “hidden” cognitive disabilities resulting from brain injury may include:

Problems remembering	Inability to learn from mistakes
Slow thinking	Inability to learn
Inability to think logically	Difficulty with decision making
Lack of concentration	Lack of motivation
Inability to reason	Problems understanding
Inability to problem solve	Poor judgement
Inflexible thinking	Impulsive behaviour
Difficulty with planning, organising & initiative	

## Did you know?

The impacts on you and your family will be:

Changes in family relationships	Loss of recreation and social activities
Loss of friends	Loss of employment and income
Frustration, anger and irritability	Poor self esteem
Loss of dreams, plans and expectations	Mood swings and emotional problems
Sorrow and depression	Changes in the personality of the affected person

## Did you know?

In South Australia, approx. 280-300 children and adults under the age of 65 years sustain a moderate to severe brain injury each year and require assistance to maintain their lives from that time on?

**PLEASE GIVE SERIOUS CONSIDERATION TO THIS MESSAGE!**

