



2011-2012 Summer Edition

# BINSA

Brain Injury Network of SA Inc

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## WHAT'S NEWS

In 2012 – BINSA turns 20 and will be celebrating all year with BINSA – goes Platinum

Members, friends and stakeholders are welcome to join the year-long party Sign on and become a BINSA Platinum supporter – more details early 2012

Ho ho ho - more than 90 members and friends joined BINSA staff and COM members at a wonderful 2011 BIAW Xmas Party on Wednesday 14 December - we all enjoyed terrific food, by caterer Golden Roast, Santa brought along great kris kringle for everyone and the 20+ members of the Mitcham Orchestra played and we sang and clapped along to many favourite Christmas tunes – something for everyone – it was all good fun and so very enjoyable.

2012 BINSA Xmas will be on Wednesday 12 December - so start saving...

See our picture spread inside

### BINSA hosted 2011 International Day People with Disability (IDPwD) 2 December

For the 2nd year with funding from FaHCSIA, BINSA hosted IDPwD (<http://www.idpwd.com.au/>) event on Light Square, featuring West Adelaide Lions Club Sausage Sizzle (SS), Lamb on the Spit (LOTS), sharing space this year with Muscular Dystrophy SA <http://mdasa.org.au/> and featuring information provided by Energy Partners [dtei.energyadvice@sa.gov.au](mailto:dtei.energyadvice@sa.gov.au) and the guys from Scooter World Mobility and Rehab Centre demonstrated their excellent access vehicle. We had long queues for the food and the lamb was reduced to nibbling on the bones by late comers.



BINSA is accredited at Certification level of the Service Excellence Program

BINSA WISHES EVERYONE SEASONS GREETINGS AND A HAPPY AND SAFE ENTRY TO THE NEWYEAR

More than 200 'local west-enders' stopped by and we know it has helped to raise awareness of and understanding of both the BINSA and MDASA constituency.

Next year we hope to partner with more local disability and allied groups, so keep a look out – diarize now Monday 3 December 2012 IDPwD on Light Square. Let us know if you are interested. There will be even more delectable LOTS and Lions SS'ing and some entertainment and fitness activity too.

So get in now - contact us on: 8217 7600, country callers 1300 733 049, or [info@binsa.org](mailto:info@binsa.org), or fax 08 8211 8164

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- 3 What's happening
- 4-5 BINSA Programs and Services
- 6-8 Photo Pages
- 9-1 AGM - Chair's Report
- 11 Advertising, Links etc

### DATES

- JAN
- 9-13 BINSA office reopens for staff and limited services only
- 10 BINSA staff 1st Professional Development Day – office closed
- 11 RTP Course recommences
- 13 BINSA 2nd Professional Development Day – office closed
- 16 Springboard Program recommences
- 18 BINSA COM meeting
- 18 RTP Mentor Training Course (Kelly and Lauren)
- 25 RTP Mentor Training Course (Kelly and Lauren)
- 26 Australia Day Public Holiday – office closed

- TBA Open Forum Series - topic to be confirmed
- FEB
- 1 RTP Mentor Training Course (Kelly and Lauren)
- 8 RTP Mentor Training Course (Kelly and Lauren)
- 15 RTP Mentor Training Course (Kelly and Lauren)
- 15 Northern Coffee Club recommences
- 16-17 SE ABI Network Meeting
- 22 BINSA COM meeting
- 23 City Coffee Club recommences
- 24 RTP Course (Lauren)
- 29 RTP Course (Kelly)
- TBA Open Forum Series – latest on NDIS - topic to be confirmed
- TBA RTP Alumni event
- MAR
- 7 RTP Course (Kelly)
- 9 RTP Course (Lauren)
- 12 Adelaide Cup Public Holiday – office closed
- 14 RTP Course (Kelly)
- 16 RTP Course (Lauren)
- 21 RTP Course (Kelly)
- 21 Northern Coffee Club

- 23 RTP Course (Lauren)
- 28 RTP Course (Kelly)
- 28 BINSA COM meeting
- 29 City Coffee Club
- 30 RTP Course (Lauren)
- 30 Autumn Newsletter
- TBA Open Forum Series
- TBA RTP Alumni event
- APR
- 4 RTP Course (Kelly)
- 6-9 Easter Break office closed
- 11 RTP Course (Kelly)
- 13 RTP Course (Lauren)
- 18 RTP Course (Kelly)
- 18 Northern Coffee Club
- 20 RTP Course (Lauren)
- 25 BINSA COM Meeting
- 26 City Coffee Club
- TBA Open Forum Series
- TBA RTP Alumni event
- TBA Assuming Control for Carers

#### Contributions

Members are always welcome to submit their stories or other items to be considered for inclusion in the newsletter. Please forward to the BINSA office at any time.

# BINSA comings and goings

## Going...

### Committee of Management (COM)

It is with great sadness that we announce the unexpected resignation of our Chair of almost 2 years, **Simon Newman**, for personal reasons. In his note **Simon** reiterated *I have really enjoyed my involvement with BINSA, however due to unforeseen circumstances I have to resign. I have nothing but the highest regard for BINSA.*

*I would be grateful if you would convey my apologies to the rest of the Committee and I wish everyone the best for the future.*

**Simon** works for Angela Bentley and Associates as a personal injury solicitor and deals daily with our constituency. We wish him the very best in his ongoing endeavours and hope his professional activities will continue to bring justice for those impacted by an ABI. Good luck and our warmest thanks...

**Chris Farrand** has now stepped down from the COM to take up the 'hat trick' as the **BINSA Counsellor, Coordinator Community Learning and Lifeskills and Assistant Reconnect Transition Program**. We've certainly given **Chris** an interesting work load. He is rising to all the daily challenges with his wide ranging skills and empathy which he delivers across a very diverse client and participant group.

It's really important that BINSA has a highly professional team able to assist and support those with an ABI and their family and others who make up the BINSA constituency.

Thanks **Chris** – and welcome aboard. See the back page for the days and times that **Chris** is on deck.

As per the BINSA Constitution, the COM will now determine the most appropriate manner of filling these 2 COM vacancies and that is in process and it's hoped to have advice to everyone early in 2012.

## Coming...

### Staff

BINSA has now completed it's recruitment round and as we announced briefly in the Spring newsletter, **Catherine Young** (who started at BINSA as a volunteer – so another good reason to volunteer as you never know where it may lead) has been appointed to the position of Assistant Springboard Program and will also continue as our Sessional Specialist for the Re-Wired Program – Fitness which we are developing for commencement in February as a fee for service activity – more later on that. **Catherine** is a Physical Sciences graduate and offers BINSA options in what else we can provide within the Springboard Program which is great news for our many participants. Great to have you on board and we are looking forward to our new Re-Wired direction in 2012. Thanks **Catherine**.

Following Toni Paxton's resignation, we had the hard task for filling the Administration vacancy, but we have been rewarded with the appointment of **Karen Arthur** into the Coordinator Administration position. **Karen** gives

an insight into her background under the programs and services section on page 4 – but we are very pleased to have someone who is so dedicated and has already been able to establish herself within the front of office area. **Karen** was also a volunteer before she 'made the jump' on merit – to her new position. **Karen** will work closely with the EO and all staff to ensure our Administration is right on cue and maintains our SEP credentials – warm welcome **Karen**.

### Student Practicum

BINSA is very proud of being a 'training organisation' and we have had many student practicums across Community Services studies and now we've added a Masters Student in Social Work from Flinders Uni. International student **Vanitha Abraham** has been doing one of her major practicum placements here at BINSA and Jan Palmer (our Advocate) has been acting as her 'on site' supervisor – we hope **Vanitha** gains the relevant skills and experiences that will assist her in her future professional career as a Social Worker.

## Book Review

*Roger Rees 'Out of Calamity'*

Stories of trauma survivors  
Preface by Dr Norman Swan  
Axiom Australia: 2011 -Stepney,  
South Australia:

Reviewed by: Pamela Kirkham  
OAM a/Chair BINSA

**Out of Calamity** by Emeritus Professor **Roger Rees** is a collection of stories of trauma survivors.

**Roger Rees'** profession of helping brain-injured people has allowed him to capture the essence of changed lives. The book, written in a sensitive and compassionate style, is inspirational as it portrays courage, struggles and endurance in the face of calamity.

The reader will grasp a sense of hope and read vivid experiences of those people who have sought strength to overcome each personal challenge in recovering and returning to life after brain injury.

This remarkable book is well worth reading by professionals as well as those with an acquired brain injury. It will surely comfort those suffering from such traumas and will benefit those persons involved in all aspects of brain-injury rehabilitation.

The book is obtainable from **Imprints Booksellers** 107 Hindley Street City 8231 4454 or [www.imprints.com.au](http://www.imprints.com.au) email: [books@imprints.com.au](mailto:books@imprints.com.au) BINSA has a copy in the library for loan – just ask **Karen 8217 7600**

# What's happening at BINSAs on the 'Square'? Executive Officer Reporting

As we approach BINSAs's 20th anniversary in 2012 – "BINSAs goes Platinum" it's time to reflect on past achievements and importantly where we're heading...

BINSAs has a tremendous history of being able to genuinely deliver a **community based** suite of programs and services, which fill the gaps in public and private post primary clinical therapy and related rehabilitation support services.

These provide an evidentiary basis so our funders can be confident about what we are achieving and assist us to ensure BINSAs remains relevant to those we are supporting and the wider SA ABI constituency who we represent.

In gazing ahead for the next few years it is very evident that the ongoing major issues remain:

- *Housing and appropriate independent and supported accommodation*
- *Justice system issues*
- *Continuity and cohesion of rehabilitation services*
- *Appropriate and knowledgeable assessment of those with an ABI in terms of life long care and service supports*
- *Regional support*
- *Carers needs*
- *Improved community and professional knowledge and understanding of the needs of those with an ABI*

BINSAs is determined to continue to make a difference and has a number of initiatives in mind to both service and influence progressive improvements in relation to addressing these complex issues.

In response BINSAs has developed a very strategic approach to its operations covering the period up to 2014 and our **principal strategic goals are:**

## Representation

Identify and represent needs and issues relevant to individuals with an

ABI, their families, significant others, to service providers, government and the broader community

## Advocacy

Advocate for change and action on issues that disadvantage people with ABI

## Information

Be well informed and actively share current information related to ABI

## Service Development and Improvement

Identify opportunities for service development and improvement to meet the needs for people with ABI their families and significant others.

During 2010-14 we are pursuing these **key operational priorities:**

## Governance

Committee of Management's (COM) conduct in all its areas of responsibility and authority is fully in accordance with the statutory, fiduciary and legal requirements as per the SA Legislation under the Associations Incorporation Act 1985

## Strategic Partners and Collaboration

Maintain and build key alliances to strengthen our peak body status

## Service Delivery

Where appropriate, deliver services to people with ABI or other significant persons

## Capabilities

Have adequate resources including finances to fulfill the key roles of the organisation

## Communication

Have a strong public profile and with sound public relations strategies

In our 'Platinum' year, 2012 we are aiming to:

- *Influence policy especially related to Justice and Housing issues through representation on specific SACOSS Policy Council Committees*

- *Influence rehabilitation services through membership of the Brain Injury Rehabilitation Service Delivery Advisory Group*
- *Build on our recently established regionally based BINSAs ABI Network in the SE environs with another one by mid-2012 - Northern Regions ABI Network*
- *Review and evaluation of Springboard Program with assistance of the recently inaugurated Springboard Professional Member Advisory Group*
- *Develop a new fee for service program offering a tailored fitness program under our Re-Wired Program*
- *Develop a highly collaborative Assumption Control course for ABI Carers*
- *Develop a fee for service educative program for front line service staff to increase their knowledge and skills in supporting those with an ABI*
- *Celebrate our 20th anniversary with several high profile events to raise funds and improve community knowledge regarding ABI*
- *Work with our national and state peer groups in advocating for the NDIS and especially for the inclusion of appropriate assessment processes for those with an ABI*
- *Continue to develop our staff to increase their skills and ability to provide the widest and best services and support for our ABI constituency*
- *Develop a new BINSAs website, review our Information packages and develop a MISystem*

**So we're going to be busy... make sure you keep connected, join in, become a member, come along to events that interest and inspire you as BINSAs works to make a difference. Season's greetings safe entry to 2012**

**Mariann McNamara**

## BINSA Programs and Services



BINSA would like to acknowledge the substantial funding we receive from the SA Department of Families and Communities (DFC) for the following services and programs.

### Springboard

**Springboard** has had a year full of changes and achievements; we have welcomed many new faces including Participants, Families, Volunteers, Students and Staff.

It is often said to me by the student who has completed their practicum placement with us, that **Springboard** is a wonderful experience to be involved in. They leave with a greater understanding and knowledge of acquired brain injury (ABI) and people with disabilities.

Springboard continues to benefit from a vast range of skills from the volunteers some of who are applying to University and TAFE to further their education. We would like to wish them the best of luck in their pursuit.

We have two of our Springboard participants **Mario Tarzia** and **Wolfgang Karschikus** graduating at the end of this year, and I am sure that I speak on behalf of everyone when I wish them all the very best in their new adventures and hope that they keep up their rehabilitation activities.

As the year winds down I would like to take this opportunity to thank the Participants, Family members Volunteers and Staff for their continued commitment and support that has made the **Springboard Program** strong and successful. A special thank you to all the drivers without whom our participants would not be able to attend.

We look forward to the safe return of everyone for an exciting year in 2012

**Victoria Zelipski**  
Coordinator Springboard Program

### Counselling

The **counselling** here at BINSA is both rewarding, inspirational, thought provoking and challenging. I have met with some fantastic people facing some seemingly insurmountable issues, but with patience and commitment we have taken the time to understand and work through the puzzles bit by bit.

I have learnt and benefitted greatly, working through problems with people and welcome further challenges.

My work so far has involved many individuals, their families and significant others, assisting with the resolution of relationship issues, ABI related difficulties, providing insight and understanding into the experiences of ABI and helping people make difficult changes or decisions in their lives.

My **counselling** day here at BINSA is Tuesdays so please feel free to contact me anytime on 8217 7601 or our administration, on 08 8217 7600 to make an appointment.

**Chris Farrand – Counsellor**

### Community Learning and Lifeskills (CL&L)

We are having fun in **Community Learning and Lifeskills**. The **Assuming Control Course** is nearing the final days and everyone has been engaging and working well together. I thoroughly encourage people to enroll in future Assuming Control Courses if they get the chance and have not previously done it. There will be further Assuming Control Courses run in the new-year.

The **Coffee Clubs** have been rescheduled to run in the afternoons as a trial and will potentially be held at the **Botanic Gardens Café** for a few months during summer. I am still very keen for any suggestions on how you would like the coffee groups to function in the near and distant future.

There has been interest in having monthly topics to work around or even some presenters coming in and generating some discussion.

**Coffee Clubs** and the **Assuming Control Course** are specifically for those with an ABI while seminars and other fora are open to all interested and we are keen to arrange more of those around interesting and informative issues. Contact **Chris** on 8217 7603 or our general number 8217 7600 if you are interested. BINSA will be sending out regular emails, flyers and circulars plus postings on our website **www.binsa.org**. So check it out and come along when you can.

**Chris Farrand – Coordinator C L & L**

### Buddy Project

The **Buddy Project** has had another busy couple of months. We have had involvement with a total of **34 volunteers and 29 ABI individuals**. We now have a total of 10 matches between volunteers and ABI individuals getting more involved in social and community activities.

**Buddies** have been doing activities such as op shopping, cooking, going to the beach and art galleries, going to movies and bush walks – as well as getting involved with community activities such as jewellery making and various games such as scrabble contests.

Some of our **ABI individuals** have been able to tackle challenges such as coming into town or shared knowledge of foods and regions at the central market. Our feedback from both our **buddies and ABI individuals** continues to acknowledge the social benefits of having a 'new friend and support'.

I continue to be inspired and happily surprised each week when I hear about our '**buddies**' adventures and I appreciate all the efforts, enthusiasm and patience shown by all of those involved. If you have any questions regarding the project including how to become involved or you would like to have a chat about the project – feel free to contact Lauren Moulds via phone on 8217 7605 or via email [lauren@binsa.org](mailto:lauren@binsa.org)

**Merry Christmas – Lauren Moulds**  
**PS we are working on some continuity of the program but it is dependent on additional funding**



Australian Government  
Department of Families, Housing,  
Community Services and Indigenous Affairs

BINSA would like to acknowledge the substantial funding we receive from the Federal Department of Families and Housing, Community Services and Indigenous Affairs (FaHCSIA) for the following program.

## Advocacy

The **Advocate** position at BINSA underwent some staff changes earlier this year and I was recruited to the position in early July. I have had the opportunity to support many people with an acquired brain injury (ABI) and their families.

We work very collaboratively with government and non-government organisations with a view to ensuring that people with an ABI have equal access to resources and services in our community. Under our NDAP contract with FaHCSIA we have a target to achieve – and that is assisting 60 new clients during 2011-12. During 2011, BINSA has continued to build connections with people with an ABI and their families in regional areas with the formation of the South Eastern ABI Network in Mount Gambier this year.

In 2012, BINSA will continue to **advocate** for all clients and all major policy issues and will provide specific hot topic discussions and facilitate forums that will advance these in the public domain. As 2011 draws to a close, I would like to wish **advocacy recipients** and their families and my BINSA colleagues a fantastic Christmas and a Happy New year.

See you all in 2012 as we face the New Year with vigour and anticipation as we continue to build our connections and support people with ABI in our community. You can contact me by phoning **8217 7608** or the main BINSA number **8217 7600**

**Jan Palmer - Individual Advocate**



BINSA gratefully acknowledges the Motor Accident Commission (MAC) for sponsoring the Reconnect Transition Program (RTP)

## Reconnect Transition Program

November 1 saw the **Reconnect Transition Program (RTP)** get off to a flying start with Co-coordinators Kelly Weckert and Lauren Moulds together with Chris Farrand as Assistant RTP, jumping right in to get things up and running after a short break. This started with some consultation with **Ann Madigan, who is the usual coordinator RTP** (but on leave of absence) who provided us with guidance, advice and inspiration in **moving forward with RTP**.

The first task for us was to start straight away having interviews with potential participants and new mentors for the program – we were pleasantly surprised at the support and **affection for RTP within the ABI and BINSA community**. On November 23 we held a '**Mentor Refresher**' with some of the previously trained mentors where we recapped on what mentoring is about and on the **RTP** – this provided Kelly and Lauren with an invaluable opportunity to learn about **the important role mentors play in RTP**.

As if the team weren't busy enough putting all of this together, we felt that given RTP was about to get up and running again it only seemed fitting to have a '**Reconnect with Reconnect**' event on November 24. The event saw attendants from organisations such as DIRC, SCOSA, Barkuma and various other agencies come together over some good food, nice wine and to hear more about the program while having the opportunity to make new connections.

Starting on November 30 our first **RTP** was up and running with an eager group of participants and mentors alike. This first program is being jointly facilitated by both **Kelly Weckert and Lauren Moulds** and will conclude on February 1.

If you are interesting in taking part in **RTP** - the team would really like to hear from you and have a chat about our exciting program– with our next two **RTPs** running at the end of February on Wednesdays and Fridays. If you would like to be a mentor we are running our mentor training sessions from January 18 which is an opportunity to learn some new skills and play an important role in **RTP** sessions. You can contact Lauren on

8217 7605, lauren@binsa.org or Kelly on 8217 7613 or kelly@binsa.org We would like to thank all of our participants, mentors, **RTP** alumni, BINSA Staff and all those involved with **RTP** for their warm welcome to the program and continual support and encouragement

**Kelly Weckert and Lauren Moulds – Co-coordinators RTP and Chris Farrand Assistant RTP**

## BINSA Administration

Hi, my name is **Karen Arthur** and I am the new **Coordinator Administration** here at BINSA. I have big shoes to fill after the wonderful **Toni Paxton**, but I am so happy to be working in such a warm and caring environment and I am inspired by all our participants on a daily basis. I was really pleased to meet so many of you at the BINSA 2011 Xmas party

My family and I are from Ireland, we moved to beautiful Adelaide about 5 years ago. My background was 20 years in banking – starting as a teller and progressed from there, I have been in many roles but the most enjoyable were in customer contact. Recently I wanted a change, so I took some time off work, did a bit of travel, completed some enjoyable courses and decided it was time to go back to work. I was attracted to this role as it was vastly different to what I had been doing but still had the customer contact so dear to me, so I took a deep breath and threw myself into the challenge and here we are today.

The machinery of administration is like a well-oiled wheel, runs smoothly when maintained but look out if you turn your back on it – and BINSA is no exception. For its size BINSA does an amazing job just read above about the fantastic work we do here. Talk to any of our staff and you will be conscious of the passion of everyone who works here.

To our wonderful stakeholders, participants, sponsors, members, volunteers, I would like to wish you all a very safe, happy and harmonious Christmas and New Year. To our future members, I say welcome – what kept you! Please complete the form on the back of this newsletter and join our organisation. **Karen Arthur**

# Snapshots...



RTP 2011-12 Summer Group



Who feels the heat meeting of the newly formed Energy Alliance with the Hon Kelly Vincent MLC attending



Regular Springboard volunteer **Damien Lynch** helping to make decorated xmas glass gift jars for the annual BINSAs donation to **UnitingCare Wesley** to distribute to families



BINSAs 2011 Melbourne Cup 'sweep' winners: **Margie O'Leary, Vicki Zelipski, Robert Semmens and Karen Arthur**



BINSAs celebrating 'Halloween' with **Cindy Gillespie** getting right into the dress up spirit – she sure tricked us all!



**Vicki Zelipski** with her father **Tony** and that 'lamb on the spit' (LOTS) it went very fast with the whole of Light Square wanting more... come back in 2012 for another IDPwD event



A group from **Origin Energy** relaxing and full of food, fun and support for IDPwD

# Snapshots...

BINSA 2011 IDPwD on Light Square



Lion's Club Lad's



Great crowd at BINSA 2011 IDPwD enjoying the sun, food, sharing and relaxing time on Light Square



Food's up at 2011 BINSA IDPwD function on Light Square



Regular BINSA member Mark Harris and a BINSA friend looking out for the BINSAsign info booth at 2011 IDPwD

## BINSA 2011 Xmas party celebrations in the Queen's Theatre



The 3 amigos from Argon Design lining up for xmas lunch



Santa's kris kringel!

## Snapshots...

BINSA 2011 Xmas party celebrations in the Queen's Theatre



Santa's 'helpers': Lauren Moulds and Kelly Weckert with David Fabbro, Principal Andersons Solicitors, a valued BINSA sponsor



BINSA xmas 'welcoming' team – and Santa helpers: Karen Arthur Kelly Weckert, Vicki Zelipski and Margie O'Leary



Regular BINSAer members and participants enjoying the BINSA 2011 xmas atmosphere: Meri, Billy, Wolf, Keryl, Sue, Nigel and Coelina



Hey was that a BINSA home goal or what? BINSA staff Team dancing the BINSA 2011 xmas version of an Irish jig led by Karen (r to l) Kelly, Vicki, Catherine, Chris and Jan



Mitcham Orchestra led by Mike Kenny – they donated their time and wonderful talents to make the BINSA 2011 xmas party very special

# 2011 BINSAs AGM

## CHAIRPERSON'S REPORT

The 2010-2011 year has been a challenging one for BINSAs as it has for all of us who have had to come to grips with a global financial crisis.

Community organisations such as BINSAs have to justify every cent received from the public sector ensuring that high levels of service are provided and that the programs offered by BINSAs meet community expectations of excellence.

There is no doubt that the programs that BINSAs provide are absolutely essential and, are well received in the community and BINSAs is extremely confident that our funding bodies are committed to a long relationship with BINSAs.

In fact our relationships with the funding bodies have probably never been stronger.

The job at hand now for BINSAs is to ensure that the programs offered to the community continue to reflect community needs and achieve unparalleled excellence.

To achieve excellence BINSAs is dependent on strong leadership and committed staff, volunteers and members. Under the guidance of the **Executive Officer Mariann McNamara**, BINSAs is building a very strong team of people to serve the community and in particular members of the public with an acquired brain injury (ABI).

Whilst Mariann and the Committee of Management (COM) are working towards sharing a stable and healthy work environment it is inevitable that there will be staff changes.

For those members of staff who have contributed to BINSAs over the 2010-2011 year, we are extremely grateful for your commitment and services to BINSAs.

### Programs and Services - Staff News

#### Springboard, Community Learning and Life Skills

This year has been a challenge for Springboard. **Kellie McGillivray** was appointed as Springboard Coordinator. Unfortunately Kellie was unable to continue in this position in the 2011 year.

While we set about recruiting for the Springboard Coordinator position **Vicki Zelipski** has taken extra responsibilities other than in her role as a Springboard Program Assistant and is also supported by other staff members, as well as the never-to-be-allowed-to-retire **Delores Wells**.

Vicki has done an excellent job in this role. Springboard Program Support Workers are employed casually and we welcomed a number of new faces during 2010-11 including **Catherine Young, Cindy Gillespie** and **Margie O'Leary**. **Steve Wolf** completed his term with BINSAs on 31 December 2010.

#### Advocacy

In the 2010-2011 year we were very fortunate to have **Kathy Robinson** assume the position as Advocate. She made an immediate impact and was instrumental in working with the Executive Officer in improving relations in regional areas.

Unfortunately, Kathy resigned to take up an expanded family counseling opportunity with Anglicare and she will be missed.

We continued to retain the consultancy assistance of **John Harley** who has been a tremendous support to our organisation and brought exceptional expertise on diverse and especially legal advocacy issues, for which we are very grateful.

#### Reconnect Transition Program (RTP)

As everyone is aware, this has been a very successful program funded by the Motor Accident Commission who continues to be delighted with the outcomes.

Unfortunately, **Anne Madigan**, who has been instrumental in managing this program, has been unwell and has had to step down from her Coordinator position. We wish her all the best with her recovery and hope to have her back on board when her health has improved.

BINSAs is busy with recruiting to backfill while Ann is on long leave of absence.

#### Administration

**Tony Paxton** continued to steer our front of office reception and administration functions, covering a range of duties in a way that has meant that anyone coming to BINSAs always feels welcomed and is assured of the best possible service and support by all the BINSAs team. BINSAs administration is complex with both the consumer and the back office issues to deal with initially before referring on to various staff and our specialist consultants who assist us across our administration. From dealing with records and reports, IT, 'bad tempered' photocopiers' petty cash and so much more, Toni is adept at all. Thanks Toni for another good year.

#### Counselling

**Terri Finn** has been the BINSAs Counsellor since mid-2007. Due to a new full-time position that she has taken up at Adelaide Uni, she has had to resign from this position and left BINSAs at the end of 2010. Terri will be greatly missed and we know she will make a huge impact in her new position. Thank you Terri for all of your help.

**Kathy Robinson** assisted with filling in while we sought to recruit Terri's replacement – a hard act indeed and when Kathy resigned as the advocate early in 2011 she moved a cross into the Counselling role but due to her new job at Anglicare and personal reason decided to resign from BINSAs in June 2011.

**Chris Farrand**, a member of our Committee of Management (COM) who has relevant qualifications, stepped into the Counseling role on an interim in basis, again until we have had a chance to fill the position permanently. BINSAs welcomes Chris into this new role and depending on the final outcome we look forward to Chris' continued involvement across our organisation.

### Buddy Project

BINSAs was very pleased to be successful in gaining a small grant from Community Benefit SA, to establish the first BINSAs Buddy Project aimed at bringing together isolated single people who have an ABI with volunteer 'buddies'. This is one of those situations where with a small amount of appropriate support a real difference is made to individuals lives and helps with genuine community building capacity, improving awareness and understanding of the what are sometimes such unanticipated but isolating impacts of having an ABI.

We recruited **Lauren Moulds** to the position of Buddy Project Officer and Lauren commenced at the end of June 2011. We have high hopes for very successful outcomes.

### Committee of Management (COM)

The Committee of Management (COM) has remained very stable during the 2010-2011 year with the only resignation being that of the former Chairperson, **Karl Mortimer**. Karl has been a wonderful 'supporter' and 'advocate' to BINSAs and has advised that he is more than happy to help should the need arise.

In Karl's stead, **Dean Fyfe** joined the COM. Dean is well known to the BINSAs organisation and the contributions that he has made since joining the Committee have been greatly appreciated.

We look forward to Dean working on the Committee for a considerable period of time.

### Service Excellence Program (SEP)

BINSAs has achieved Service Excellence Program certification under the wonderful guidance of **Delores Wells**. The organisation is very proud to have achieved this and we thank Delores for all her hard work in enabling this to be realised.

### 2010 Brain Injury Awareness Week (BIAW)

August 2010 saw BINSAs take on the role of managing Brain Injury Awareness Week.

The majority of the events were held on the BINSAs premises and it was a resounding success.

The BINSAs team worked tirelessly to ensure that attendees were able to participate in interesting and exciting

activities as well as hearing expert presentations from leaders in their fields in areas such as road safety and injury prevention.

The week was rounded out with the 'awards' ceremony with presenters such as **Andrew Daniels, Chief Executive Officer of the Motor Accident Commission** who also confirmed the Motor Accident Commission's continued support of the Reconnect Transition Program.

The whole week ran like clockwork thanks to the tireless efforts of Mariann and her BINSAs staff and we expect the 2011 Brain Injury Awareness Week to be held in much the same vein.

Once again on behalf of the Committee of Management I would like to thank Mariann and all the staff at BINSAs for their wonderful work during this year.

Also we must acknowledge the wonderful volunteers who are involved in all of our programs and we welcome their continued support.

Our sponsors have continued despite tough economic times and we look forward to their support in the future. Thank you all for your contributions.

Finally we would like to thank all of the BINSAs community for their support of BINSAs and we look forward to this continuing in the 2011-2012 year.

**Simon Newman**  
Chairperson - Committee of Management



*Simon opening up 2011 BIAW Award Presentations*



*Simon introducing a presenter at 2011 BIAW session*

## Advertising, Links, Resources and Information

Items are provided as a service to BINSAs newsletter recipients *DISCLAIMER: BINSAs advises that the views expressed in any material or by any organization included in this newsletter are not necessarily those of BINSAs.*

**Changes to disability parking at UPark:** two hours free parking up to 52 times per year is available at all UPark car parks if you hold a UPark Accessibility Pass. To be eligible you must be a South Australian resident and have a current and valid Disability Parking Permit. For application forms and conditions of use, see:

<http://www.adelaidecitycouncil.com/services/permits-and-licences/disabled-parking-at-upark.html>

For information about Disability Parking Permits, see:

<http://www.sa.gov.au/disability/parking>

**Purple orange newsletter:** Latest edition from the Julia Farr Association is

<http://www.purpleorange.org.au>

**SA Community News:** latest edition available at:

[http://us1.campaign-archive2.com/?u=8ff14cd76156632d480c6d631&id=f0a70edc7b&e=\[UNIQID\]](http://us1.campaign-archive2.com/?u=8ff14cd76156632d480c6d631&id=f0a70edc7b&e=[UNIQID])

**SACOSS bulletin:** the latest bulletin from the South Australian Council of Social Service (SACOSS) is available at:

<http://www.sacoss.org.au/publications/ebulletin/>

**RICHARD LLEWELLYN ARTS AND DISABILITY TRUST** To apply please follow the link

<http://www.festivalofunpopularculture.com/program.php>

**Human brain hard-wired for hope**

<http://www.abc.net.au/news/2011-10-10/hard-wired-for-optimism/3458890>

A new British study has found human beings are hard-wired to be optimistic, even in the face of a darker reality...

**Brain Tumour Alliance Australia (BTAA)**

Welcome to our organisation available here: The only national Australian organisation for the brain tumour patient, family and caregiver. Freecall number: 1800 857 221

<http://www.btaa.org.au/>

FAQ to the BTAA website. See:

<http://www.btaa.org.au/GliolanFAQ.html>

IBTAs two brain tumour awareness-raising projects See:

<http://www.theibta.org/> and <http://www.theibta.org/walkandweek2011.html>

**28th Annual Pacific Rim International Conference on Disability & Diversity**  
"Living to Our Complete Potential"  
March 26 & 27, 2012  
Hawaii Convention Center  
1801 Kalakaua Avenue  
Honolulu, HI 96815-1513

**Clare Burton Lectures**  
**How the New Neurosexism Helps Sustain the Status Quo: Charting the journey from scanner to sound bite to society**

In the 2011 the Clare Burton Memorial lecture was delivered by **Associate Professor Cordelia Fine.**

For as long as there has been brain science there have been – in retrospect – misguided explanations and justifications of sex inequality: women's skulls are the wrong shape; their brains too small; their hemispheres too unspecialized. These hypotheses eventually find themselves hurled on the scientific scrap heap - but not before they become part of cultural lore, and reinforce social attitudes about men and women in ways that hinder progress towards greater sex equality.

[http://www.atn.edu.au/inprofile/2011/September/September 2011 Clare Burton Lectures.htm](http://www.atn.edu.au/inprofile/2011/September/September%2011%20Clare%20Burton%20Lectures.htm)

Flinders University Community re-entry program **The Community Re-Entry Program (CRP)** is a community based rehabilitation program developed for adults with an acquired brain injury (ABI). The aim of the program is to provide opportunities for further development of life skills, interpersonal skills, pre-vocational skills, individual talents and social recreational experiences.

The program is available to any person with ABI in a 50-km radius of metropolitan Adelaide.

Co-ordinator: Jaime Gardner;  
Assistant: Charmaine Mahar  
[http://web.mac.com/crpwebsite/crp/Menu/Entries/2007/1/20\\_Contact\\_Us\\_P](http://web.mac.com/crpwebsite/crp/Menu/Entries/2007/1/20>Contact_Us_P): (08) 8201 3311 F: (08) 8201 3646

**Brain Injury Rehabilitation Unit (BIRU)**

Who is Eligible for BIRU? A person must: Be over 18 years of age and have an acquired brain injury. Require a 24 hour residential facility. Have identified rehabilitation goals focusing on promoting independence and quality of life in the community or in supported accommodation. Be medically and psychiatrically stable.

**BIRU How to Refer?** Currently referrals are made through the BIRU Liaison Nurse (08) 8222 1688 (direct line) or (08) 8378 3201 (paging service)

# Membership Form/Renewal 2011/2012 [This is a tax invoice]

Brain Injury Network of SA Inc. 70 Light Square, Adelaide 5000. P 8217 7600 E info@binsa.org ABN 33 176 035 211

Thank you for renewing your membership and for your donations which go towards the cost of newsletter printing.

Renew  New member  Donation Newsletter: Yes  No  via email

(Please Print)

Name/Organisation \_\_\_\_\_

Postal Address: \_\_\_\_\_ Postcode \_\_\_\_\_

Telephone \_\_\_\_\_ Mobile \_\_\_\_\_ Fax \_\_\_\_\_

Email (your email address is greatly appreciated) \_\_\_\_\_

<input type="checkbox"/> Individual/Family Membership (voting members)	\$10	List family members to be included (max 4)
		1 _____
<input type="checkbox"/> Organisation Membership	\$25	2 _____
<input type="checkbox"/> Donation (amounts over \$2 are tax deductible)	\$ _____	3 _____
Total (all prices include GST)	\$ _____	4 _____

If undeliverable return to:

Brain Injury Network of South Australia Inc  
70 LIGHT SQUARE  
ADELAIDE • SOUTH AUSTRALIA 5000



## Patron

Professor Richard Clark

## Committee of Management (COM) (voluntary)

### Elected Office Bearers

Chair - Vacant (filling in process)  
Pam Kirkham Vice Chair  
Geoff Pritchard Treasurer

### Members

Megan Barratt  
Dean Fyfe  
Neville Hamilton-Brown  
Alison Lamshed  
Nadia Moffatt  
Vacancy – filling in progress

### BINSA Staff

#### Executive Officer

Mariann McNamara Mon-Fri 9-5  
8217 7609 / 0412 195 296

#### Coordination Administration

Karen Arthur Tues-Fri 9am-5pm  
8217 7600/8217 7606  
Sharon Corbin -Reception (volunteer)  
Mondays and Fridays 8217 7600

#### Coordinator Springboard

Vicki Zelipski Mon-Fri 9.30am-4.30pm  
8217 7604

#### Springboard Program Assistant

Catherine Young Mon-Fri  
8217 7607

#### Springboard Support Workers

8217 7610

Cindy Gillespie  
Margaret O'Leary  
Rupert Saunders

#### Springboard Re-Wired Therapy

Catherine Young Sessions TBA 8217 7607

#### Counsellor and Community Learning and Lifeskills

Chris Farrand Tues and Thurs  
9.00am-5.00pm 8217 7601 by appointment

#### Advocate

Jan Palmer Mon-Tues and Thurs-Fri  
9.00am-5.00pm 8217 7608 by appointment

#### Co-ordinators Reconnect Transition Program

Kelly Weckert Tues-Wed 9.00am-5.00pm  
8217 7613  
Lauren Moulds Wed and Fri 9.00am-5.00pm  
8217 7605

#### Specialist Consultants Jan- March 2012

Angela Gregory – Finance Officer  
John Harley – Advocacy Consultancy  
Susan Hillier PhD – Physiotherapist  
Anna Miles – Flinders Uni Physiotherapist  
Karen Osborne – Workforce Development  
Cognition  
Ann Walter – Co-ordinator Clinical Education  
Speech Pathology  
IT Contractor – Interintra  
Website – Bob Nottage (volunteer)

#### Volunteers: Jan- March 2012

**Springboard**  
Alie McArthur  
Anil Janyooyen  
Anna Rochford  
Coelina Mills  
Colette Albino  
Damien Lynch  
Dani Moss  
David Bajjali  
Debbie Halton  
Janma Gazmere  
Kaitlin Harkess  
Kelly Miller  
Kim Wigg  
Matt Bird  
Morneer Ackarie  
Nerebel Suobiron  
Rachel Mclean  
Robert Semmens  
Robert Tetley  
Rupert Saunders

Valmai Mackenzie  
Vanessa Zeleny  
Wolf Karschimbus

#### Administration

Keryl Beesley – general admin

#### Student Practicum

Flinders University  
Vanitha Abraham – Masters in Social Work.

#### Carrick Education

Student placements 2012 tba

#### Program Steering Committees

#### Reconnect Transition Program

Adrian Horan  
Donna Lambden  
Lynette Preston

#### Springboard Professional Member Advisory Group

Anna Miles  
Cheri Archer  
Delores Wells  
Fiona Creed  
Liz Williams  
Wolf Karschimbus