



Brain Injury Network
of South Australia Inc

Learning and Lifeskills Program





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LEARNING AND LIFESKILLS PROGRAM

A different type of rehabilitation

The Learning and Lifeskills Program provides education and information to people with acquired brain injury and their families.

The Program aims to support individuals with a traumatic brain injury to develop skills, potential and increased choices through a comprehensive range of workshops, seminars and courses.



Services available for individuals with an acquired brain injury and their families include:

Information / Education

Through seminars, short courses and workshops in both city and country areas.

Topics include:

- Brain injury and its effects
- Changes after brain injury
- Managing behaviours
- Assuming control
- Dealing with emotional issues eg anger, loss, grief
- Country forums.



Services available for individuals with an acquired brain injury, their families and service providers include:

Promoting awareness to the general community through:

- Brain Injury Awareness Week
- Country forums.

Learning and Lifeskills Program

Torrens Building
220 Victoria Square • Adelaide
South Australia 5000

Phone 08 8217 7600

Fax 08 8211 8164

Country Callers 1300 733 049



The Learning and Lifeskills Program is a service of The Brain Injury Network of South Australia Inc.

Other services available include:

- ***Springboard***

Rehabilitation therapy and skills development program for adults requiring an extended community rehabilitation program after severe brain injury.

- ***Information***

Books, papers and journals about acquired brain injury may be borrowed from the Network's limited resource library. Information kits are available free of charge for people with ABI and family members.

- ***Advocacy***

Support for individuals with ABI to access the services they need or when their citizen or human rights have been denied.

If you would like to become a member of the Network please contact the office for a membership form.



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INCORPORATING
Springboard

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Government
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